

If you, an aging parent, family member or friend need assistance with the activities of every day living, you may know the confusion and frustration involved in finding appropriate living arrangements. Having information regarding options is the first step toward making a successful decision.

- The Older Adult Resource Center (OARC) can help. We maintain information on licensed residential care facilities for the elderly (RCFE) and adult residential care facilities (ARF) in and around Sacramento County. These facilities may also be known as assisted living communities or board and care homes.
- Client needs are computer-matched with facilities that most closely meet geographic preferences, and clients' social and financial needs.
- Other supportive service data is available through the OARC, including information contained in the Community Services Directory on Disk and also in Eskaton's Senior Connection Caregivers' Resource Guide.

(916) 874-9492
(916) 874-9937 fax

OARC@saccounty.net

OLDER ADULT RESOURCE CENTER (OARC)
RESIDENTIAL CARE INFORMATION
CLEARINGHOUSE
4875 Broadway, Room 117
Sacramento, CA 95820

DO YOU KNOW
SOMEONE WHO
CAN'T LIVE ALONE
ANYMORE OR
NEEDS ASSISTANCE?



Let us help.

OLDER ADULT RESOURCE CENTER
(OARC)
RESIDENTIAL CARE
INFORMATION CLEARINGHOUSE

WHO CAN USE THE OLDER ADULT RESOURCE CENTER (OARC) ?

Anyone! Services are available at no cost to individuals looking for information about licensed residential care facilities or other community resources for seniors or dependent adults. Providers can call and register vacancies without fees.

HOW CAN IT HELP YOU?

Your call to the OARC will put you in touch with people who will provide information and guidance about community resources, or basic information about assisted living and other caregiving options. OARC staff can provide tools to assist you in evaluating licensed residential care facilities, including fact sheets, checklists and other resource materials.

The staff can also provide a list of licensed residential care facilities for the elderly or dependent adult that are consistent with a potential resident's needs. Our lists are not recommendations for any particular facility. The OARC strongly recommends you visit facilities, interview staff, and check with Community Care Licensing regarding current licensing status before choosing a facility.

WHO ADMINISTERS THE OARC?

It is a community partnership of:

- Adult and Aging Commission of Sacramento County
- Community Services Planning Council's InfoLine Sacramento
- Eskaton (a nonprofit corporation)
- Sacramento County Department of Health & Human Services, Senior and Adult Services Division
- State of California Department of Social Services, Community Care Licensing Division, Sacramento District Office.

Trained and experienced staff follow policies and procedures developed by the collaborating partners who also monitor program activities.

The OARC was formed in response to the 1997 "Report on Unlicensed Facilities for Adults in Sacramento County." Prepared by a Task Force of the Adult & Aging Commission.

The report recommended "That a central clearinghouse be designated to provide all interested persons, including the public, current information on licensed facilities and information on how to select a facility for placement."

HOW TO ACCESS THE OARC.

A phone call or e-mail will put you in touch with someone who can begin the process of assisting you*.

(916) 874-9492

(916) 874-9937 (fax)

oarc@saccounty.net (e-mail)

* Staff are available Monday through Friday by telephone, fax, e-mail or walk-in (please call before coming).



OUR MISSION STATEMENT.

The mission of the OARC is to provide the public with knowledge and understanding about the care needs of dependent and older adults, the kinds of facilities and services that provide such care and how to access such services.

OARC services are intended to educate and assist you. Materials are not intended as recommendations for specific placements.

HAVE YOU HEARD?

A valuable community resource,
The Older Adult Resource Center-
Residential Care Information
Clearinghouse is in its
SIXTH year of operations!



Since being established in January 2000, through the joint efforts of the Adult & Aging Commission, Sacramento County Senior and Adult Services, State of California Community Care Licensing Division, Info-Line Sacramento and Eskaton, the program has continued to grow. This program's services are available to the public at no cost.

Things you should know about the OARC:

- ❖ The Older Adult Resource Center's primary responsibility is to maintain a database of information on all licensed Residential Care Facilities for the Elderly (RCFE's) and Adult Residential Facilities (ARF's) in Sacramento County and surrounding areas.
- ❖ Callers are provided with information about the facilities that best meet their stated needs such as financial, personal care location, ethnic foods, languages and supervision needs.
- ❖ Potential clients are provided with tools to assist them in evaluating residential care facilities, including fact sheets, checklists, and other resource materials.

The office is staffed Monday – Friday, 8:00 a.m. to 5:00 p.m. Staff is available by walk in appointment, telephone or e-mail.

The Older Adult Resource Center also provide information on senior and dependent adult community services and resources.

The office is located at 4875 Broadway, in the Sacramento County Adult and Senior Services building. The telephone number is (916) 874-9492 (voicemail is available). Our e-mail address is OARC@saccounty.net.